

LANIER COUNTY RESOURCE GUIDE

COMMUNITY RESOURCE DIRECTORY

Connecting you to the support you need.



YOU ARE NOT ALONE. HELP IS HERE.



**LAKELAND, GEORGIA
LANIER COUNTY**



FAMILY & YOUTH SUPPORT

Lanier County Family Connection Family support, literacy program, mental health support groups, and parenting forums. www.lanierfamilyconnection.com/	292-234-7714
Youth Impact Center (Boys & Girls Club) Youth Support & Programs. www.facebook.com/IMPACTcenter	386-984-6304
Lanier County UGA Extension Youth development, agricultural education, family services, and 4-H clubs. extension.uga.edu/county-offices/lanier.html	229-482-3895
Lanier County Schools Social Worker Academic, behavioral, and mental health support.	229-482-3870
Camp Rock serves at-risk children through three initiatives: Camp Rock Summer Camp, Christmas at Camp Rock, and Wilderness Camp. agency.camprockga.com	229-834-3517
Lanier County Department of Family and Children Services (DFCS) Provides assistance with SNAP (food stamps), Medicaid, TANF, and child protective services. dfcs.georgia.gov/locations/lanier-county	229-482-3686
Called to Care Foster Care Support, Adoption/Missions Awareness, Trauma Informed Education. https://iamcalledtocare.com/	229-563-3606
Head Start Comprehensive early childhood development program for economically disadvantaged preschool children and their families. https://coastalplain.org/head-start/	229-482-3467
Moody Airforce Base School Liason alicia.stasiulis.1@us.af.mil	
Lanier County Public Library (WL Miller Memorial Library) sgrl.org/locations/miller-lakeland-library/	229-482-2904



DISABILITY & SPECIAL NEEDS SERVICES

ACTO - Alzheimer's Caregiver Time Out Respite care for caregivers of loved ones with Alzheimer's or related dementia. www.actovaldosta.org	229-245-9094
Easter Seals Southern Georgia (Serving 10 counties) Education, therapy, and vocational services for children and adults with disabilities. southerngeorgia.easterseals.com	229-247-6912
LARC - Lowndes Advocacy Resource Center (Serving 10 counties) Day services for adults with intellectual/developmental disabilities. larcvaldosta.org	229-244-8290
Jacob's Ladder Therapeutic Riding Center (Serving 10 counties) Therapeutic horseback riding for individuals with special needs. jacobladderriding.com	229-794-1188
Miracle League (Serving 10 counties) Sports programs for children and adults with disabilities. www.valdostamiracles.org	229-563-8877
Ready.gov Checklists for those living with Disabilities www.ready.gov/people-disabilities#kit	
South Georgia Area Agency on Aging Develops, provides, coordinates, and advocates for services that assist older individuals, at-risk adults, persons with disabilities, their families, and caregivers. https://tinyurl.com/mtcz8x3k	888-732-4464
First Baptist Church, Lakeland Wheelchair Ramp Installation	229-482-3401
Lanier County Schools Special Education Child Find Education services for those living with a disability age 3 to 21. https://www.lanier.k12.ga.us/specialeducation	229-482-3966



TRANSPORTATION

Let's Ride Serving Clinch, Echols, Lanier. https://letsride-gdot.hub.argiss.com/ Rural transit trip booking app.	
SGRC Regional Transit Offered to all citizens on a demand/response basis, requires 24 hour notification to schedule a ride, transportation within local county and into neighboring counties throughout region, public transit hours of operation are 7:30 am - 5:30 pm (Monday - Friday). https://www.sgrc.us/public-transit-services.html	229-333-5277
Medicaid Van Advance Notice: You must book your ride at least three business days before your medical appointment. Hours: Call centers are open Monday through Friday, typically from 7:00 a.m. to 6:00 p.m. https://medicaid.georgia.gov/programs/all-programs/non-emergency-medical-transportation	678-510-4600



LEGAL ASSISTANCE

Georgia Legal Services Program (GLSP) Free or low-cost civil legal help. https://www.glsp.org/	1-833-457-7529
Alapaha Judicial Circuit Legal Aid Free legal aid for eligible civil matters. https://alapahajudicialcircuit.org/legal-aid-program/	229-686-2180



FINANCIAL PLANNING

American Red Cross Financial Planning Resource bit.ly/4zCbKh7	
Lanier County UGA Extension Office programs to help consumers improve credit scores, get out of debt and rebuild credit after bankruptcy. https://extension.uga.edu/topic-areas/money-family-home/money.html	229-482-3895



PREVENTION, RECOVERY & SUPPORT GROUPS



Recovery Support Meeting
Various AA & NA and recovery meetings. 229-234-7714



Nashville United Methodist Church
AA meetings and Alcohol Recovery meetings. 229-686-7494



Kinship Support Group
229-234-7714



**We're here.
We care.
You matter.**



HEALTH & WELLNESS RESOURCES

Legacy Behavioral Health (Serving 10 counties) Comprehensive evidence-based treatment, support, and recovery services to individuals who are suffering from mental illness, intellectual and developmental disabilities, and addictive diseases. legacysga.com	229-563-8877
Partnership Health Center Medical care, chronic disease management, and pharmacy assistance. phcvaldosta.org	229-245-0020
Lanier County Health Department Public health services, immunizations, health education. southhealthdistrict.com/county-health-departments/lanier-county-health-department	229-482-3294
Anytime Fitness Gym Supportive community to reach your health and wellness goals. www.anytimefitness.com/locations/lakeland-georgia-3149	229-482-8311
SGMC Lanier Campus 25-bed critical access hospital providing acute and sub-acute care. www.sgmc.org/our-locations/sgmc-lanier-campus	229-433-8425
SAMHSA Disaster Response Tips bit.ly/4xmckxT bit.ly/3Sc0qHV	
Next Level Premier Care Primary care and select services. Accepts TRICARE, CIGNA, Medicare, & Medicaid. https://nextlevellakeland.com/	229-363-6020
Faith, Hope, and Love Christian Ministries Inc. Medical Clinic FHL accepts insurance and offers sliding scale for uninsured patients. https://www.fhlcm.org/	229-232-8052
National Maternal Mental Health Hotline Professional counselors answer Hotline calls, texts, and chats. They may be licensed health care professionals, certified educators, or specialists. The Hotline is free, confidential, and available 24/7 in English and Spanish. https://mchb.hrsa.gov/programs-impact/national-maternal-mental-health-hotline	1-833-TLC-MAMA



SOCIAL MEDIA INFORMATION PAGES

Lanier Family Connection	facebook.com/lanierfamcom
Lanier County Resources	facebook.com/groups/893631164429451



UTILITIES

Greater Valdosta United Way Utilities assistance and community resources. unitedwayvaldosta.org	229-242-2208
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VETERAN SERVICES

VA Clinic, Valdosta Takes uninsured individuals. Primary care, Women's Clinic, Laboratory & Vaccinations, Wound Care, Mental Health Care (individual, group, couples), Nutrition & Weight Management, Pain Psychology, Social Work, Substance Abuse & Tobacco Cessation, and Telehealth Services. https://www.va.gov/north-florida-health-care/locations/valdosta-va-clinic/	229-293-0132
Veterans Service Officer, Jason Lane Helps military veterans and their families find and apply for government benefits. https://veterans.georgia.gov/	229-316-2970
Disabled American Veterans Support to veterans of all generations, their families and their survivors at no cost. https://dav.org	229-316-2970
American Legion, Post 336 http://centennial.legion.org/georgia/post336	972-814-3498



SENIOR CITIZEN SERVICES

Southern Georgia Area Agency on Aging aging.georgia.gov/locations/southern-georgia-area-agency-aging	912-285-6097
Georgia Ship - Benefits Counseling aging.georgia.gov/georgia-ship	
Lanier County Senior Center Local activities, community updates, and congregate meal schedules	229-482-3161
Adult Protective Services State entity charged with investigating all reports of abuse, neglect, and/or exploitation. https://tinyurl.com/4kkj2amn	1-866-552-4464 (option 3)
Comfort Keepers Award-winning in-home care for seniors and other adults in need of assistance with daily activities. https://www.comfortkeepers.com/offices/georgia/valdosta/	229-241-0002



FOOD, HOUSING & CRISIS RESOURCES

Legacy Behavioral Health Crisis Center non-hospital emergency services 24/7/365 for individuals 18 years of age and older with mental illness, substance use disorders (drug and alcohol), and co-occurring disorders. https://legacysga.com/crisis-services/	229-671-3500
Alapaha Judicial Circuit Victim Assistance Specialized support services for victims of violent crime.	229-686-2180
Second Harvest of South Georgia (Serving 10 Counties) Rural food bank. www.FeedingSGA.org	229-244-2678
The American Red Cross (Serving 25 Counties) Disaster Relief, Emergency Shelter, Free smoke detector installation. www.redcross.org	229-219-0469
The Haven (Serving 10 Counties) Emergency shelter & services of victims of domestic violence & sexual assault. www.valdostahaven.org	229-244-1765 (Admin) 800-244-1765 (GA Crisis Line)
LAMP (Lowndes Associated Ministries to People) (Serving 8 counties) Comprehensive support services and innovative housing solutions. www.lampinc.org	229-245-7157
South Georgia Partnership to End Homelessness (Serving 10 Counties) Providing shelter and supportive services to people who are homeless, or at risk. www.speth.com	229-245-7157
Truth Point Church Food distribution. www.truthpointministries.org	229-363-1325
First Baptist Church, Lakeland Clothing. https://lakelandfirstbaptist.org/	229-482-3401
Lanier County Emergency Management Agency (EMA) Coordinates the County's response to natural and man-made disasters. OEM is responsible for emergency preparedness, coordination of response and recovery activities, and mitigation planning. https://laniercountybec.com/wp/lanier-county-ema/	229-569-0344



CRISIS LIFELINE

Crisis & Support
Call or Text 988

988

SUICIDE & CRISIS
LIFELINE



UNITED WAY

www.unitedwayvaldosta.org
For additional community resources.



AMERICAN RED CROSS

bit.ly/4y0H47B
For additional community resources.



LANIER FAMILY CONNECTION



lanierfamilyconnection.com
For additional community resources.

